



**INTERNATIONAL
WATER SAFETY DAY**

MAY 15

Do Your Part, Be Water Smart!



**American
Red Cross**

The American Red Cross wants you to learn the basics for keeping yourself, your family and friends safe in and around the water every day.



It all begins with learning to swim!

Swim lessons teach skills you need to enjoy the water safely.



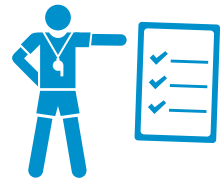
Swim as a pair near a lifeguard's chair.

Never swim alone.



Look before you leap.

Be sure that it's a safe place and time to swim.



Follow the rules.

They help keep you safe. Always listen to the lifeguards.



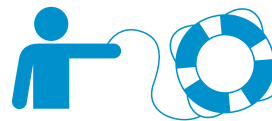
Don't just pack it, wear your life jacket.

All boaters should wear U.S. Coast Guard-approved life jackets. Inexperienced swimmers should wear them in or around water.



Think, so you don't sink.

Know what to do if you get in trouble in the water. Floating or treading can help you think!



Reach or throw, don't go!

Reach or throw an object to help someone in trouble in the water to safety. Never go in the water to try to help.



Pledge to Pool Safely!

Learn the safety steps then take the pledge at poolsafely.gov.

To find out how to sign up for Red Cross swim lessons and to learn more about water safety, visit redcross.org/watersafety.

